



GUERNSEY
CRICKET

THE GUERNSEY CRICKET WORKBOOK



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WORD SEARCH

G	S	W	Q	X	C	V	N	Y	T	G	C	C	B	X
E	L	E	G	B	Y	E	F	X	S	O	O	P	L	V
D	R	F	Y	I	O	L	K	J	N	G	L	D	W	Q
D	C	T	D	T	Y	N	U	B	U	T	L	E	R	C
A	D	A	W	E	R	B	N	M	U	R	E	L	U	X
M	A	Y	F	O	U	R	C	S	L	Q	G	W	N	E
A	S	L	D	F	Y	R	T	V	O	A	E	Z	O	Y
R	R	O	C	H	J	I	P	L	R	V	F	D	U	A
E	A	R	Y	F	I	V	E	I	D	O	I	U	T	E
L	X	T	N	J	I	K	H	E	S	F	E	R	C	S
L	L	S	I	X	T	E	E	N	V	Y	L	E	U	I
F	U	T	U	R	E	S	T	A	R	S	D	R	G	X
T	Y	U	P	E	A	T	F	I	E	L	D	N	C	R
K	G	V	W	R	A	S	D	F	G	H	J	K	L	O
Q	W	E	R	O	Y	U	S	T	A	H	E	L	I	N
Y	I	O	P	O	X	C	V	B	N	M	J	Y	T	F
A	W	S	D	T	F	G	H	J	K	L	B	N	M	U
W	I	S	F	G	Y	K	L	O	N	O	B	A	L	L
X	D	C	L	B	W	S	F	H	K	X	V	N	Y	I
L	E	F	N	I	O	Y	P	O	R	T	S	O	I	F

- Guernsey cricket and football ground - **PORT SOIF**
- Boundary score when the ball bounces before the rope - **FOUR**
- England Test skipper Joe - **ROOT**
- Home of Guernsey Cricket - **KGV**
- Umpire has both arms out signalling a - **WIDE**
- Guernsey Cricket 2020 Player of the Year Zak - **DAMARELL**
- Sussex and England wicket-keeper Sarah - **TAYLOR**
- Amount of penalty runs awarded if ball strikes a helmet on the floor - **FIVE**
- Ground where former Guernsey coach Nic Pothas now works - **LORDS**
- Leg Before Wicket - **LBW**
- Guernsey Women player who scored first T20I 50 Philippa - **STAHELIN**
- Will - **PEATFIELD** Guernsey Men fast bowler
- Where Elizabeth College play - **COLLEGE/FIELD**
- Runs off the pads not bat - **LEG/BYE**
- Fail to make ground and wickets down - **RUN/OUT**
- Overstep crease when bowling - **NO/BALL**
- Boundary score when ball goes straight over boundary - **SIX**
- Number of Inter Insular Caps Stuart Le Prevost has - **SIXTEEN**
- Guernsey Cricket course for 5-9 year olds - **FUTURE/STARS**



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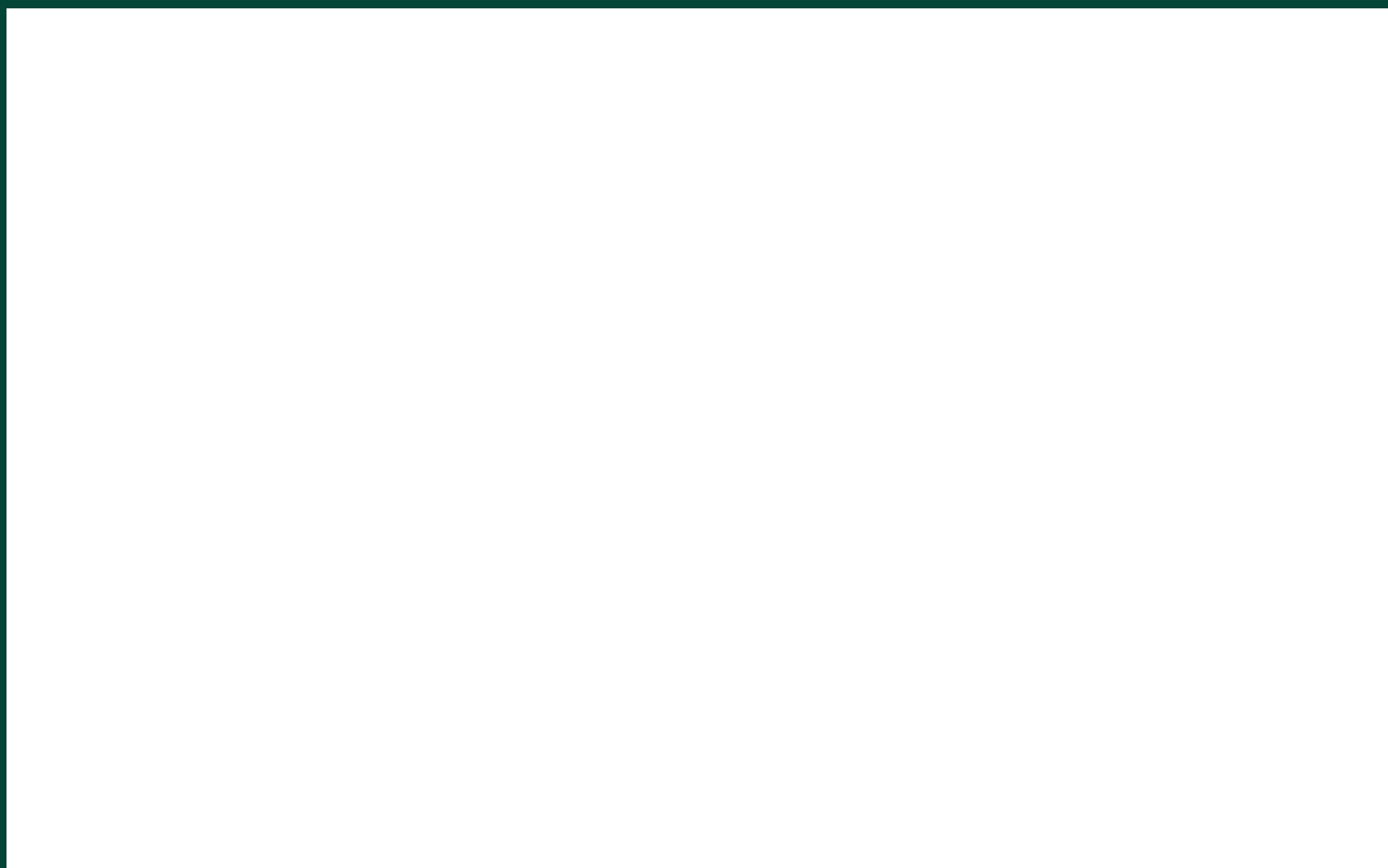
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ENGLAND IN INDIA

Joe Root and his team are in India for a Test Match Series, can you answer these questions about the host country?



1. Flag (draw and colour in the flag in the box above)

2. What is the capital of India?

NEW DEHLI

3. What is the currency called?

INDIAN RUPEE

4. Who is the India Test Captain?

VIRAT KOHLI

5. What is the name of the current Prime Minister?

NARENDRA MODI

6. Name a team in the Indian Premier League.

CHENNAI SUPER KINGS, ROYAL CHALLENGERS BANGALORE, MUMBAI INDIANS
PUNE WARRIORS INDIA, RAJISTHAN ROYALS, KOLKATA KNIGHT RIDERS, KINGS XI
PUNJAB, SUNRISERS HYDERABAD, DEHLI CAPITALS

7. What will be the result of the four Test Match series?

THIS IS A GUESS

8. What is the name of the hottest curry from India (don't try one!!) ?

PHAAL CURRY

DESIGN YOUR OWN MASCOT

Guernsey Cricket will shortly be announcing their new mascot! A mascot represents a team, it encourages them and hopefully bring good luck.



Can you design a your own mascot for Guernsey Cricket, your club or a school team?

DESIGN YOUR OWN BAT

Cricket bats are made from willow and come in a range of sizes and weights. Stickers are attached to the bats to provide the finishing design. Add your own eye catching stickers to the bats below to make truly one of a kind!



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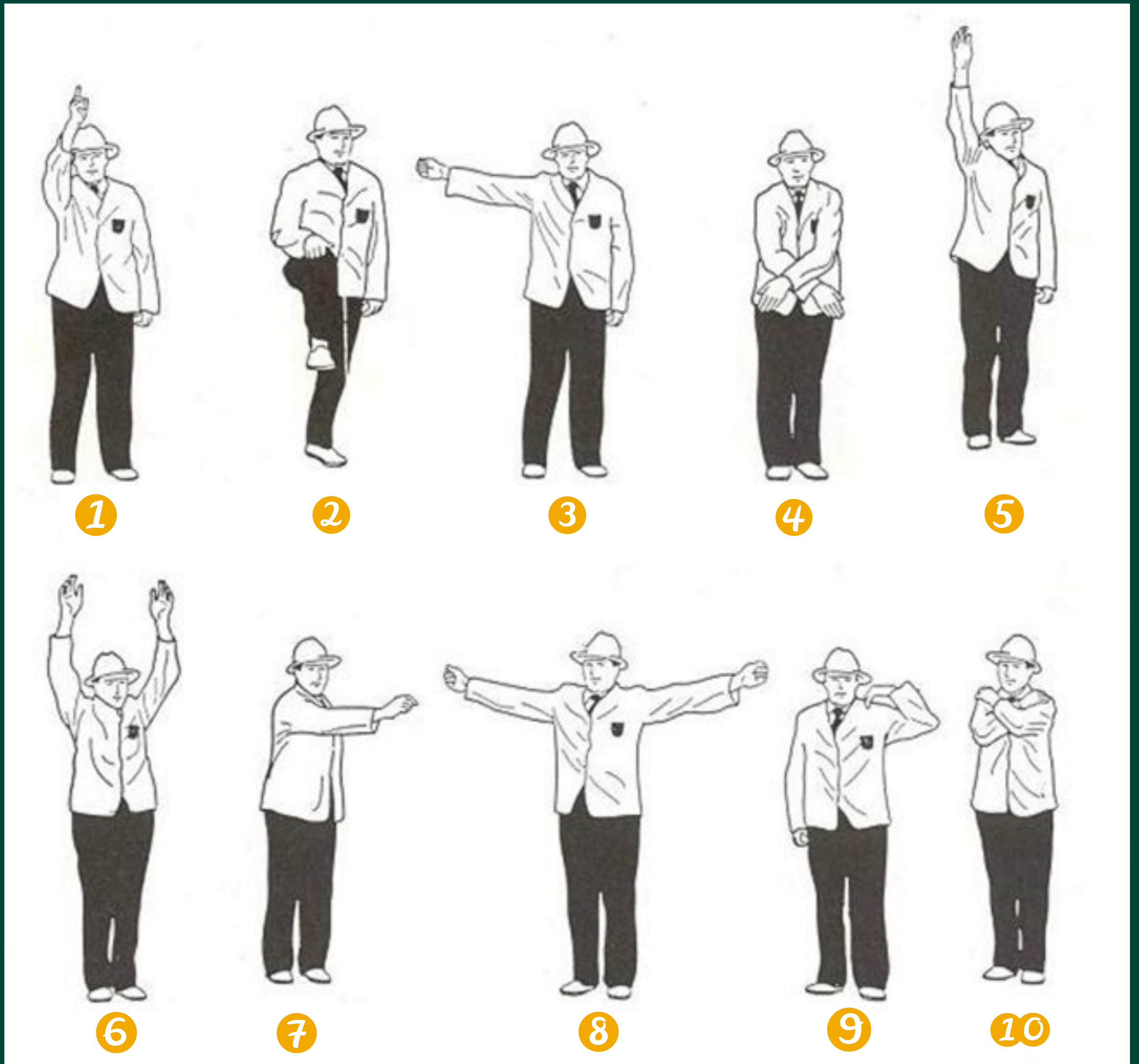


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BECOME AN UMPIRE

An umpire uses arm signals to communicate their decisions to players, scorers and fans.

Do you know or can you find out what the signals below mean?



1. OUT

2. LEG BYE

3. NO BALL

4. DEAD BALL

5. BYE

6. SIX

7. FOUR

8. WIDE

9. 1 SHORT

10. DISREGARD LAST SIGNAL



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THE SPIRIT OF CRICKET



It was the 4th day of the 2005 Edgbaston Test between England and Australia and what unfolded was everything a cricket fan would want to see. Coming to the end of an exciting match, Australia still needed 62 runs to save the game whilst England only needed to get one remaining wicket to win.

The two Australian batsmen Brett Lee and Michael Kasprowicz dug deep. Much to the bowlers dismay the two Australians batted bravely to reduce the target and increase the pressure on the English side. Their determination meant the England bowlers frustration grew and runs and boundaries were quickly scored.

Suddenly England had a chance, the ball flew off Kasprowicz's bat but England's Simon Jones couldn't quite grasp the opportunity and it slipped through his fingers. With Australia needing just 15 runs to win had England's chance gone? Misery piled on for England on the very next ball, as Flintoff bowled a no-ball down the leg side for another boundary. Five runs off a single ball, and Australia now needed only single figures to win. They scored three more off Flintoff's over, reducing the runs required to six. In the next two overs by Steven Harmison and Flintoff, they got two more runs, and just four were needed to win now.

The ball was thrown to Steven Harmison again for the next over. Brett Lee flashed his willow to guide the ball to the deep point fielder and gathered a single. Three runs for victory. The Australian fans were out of their seats cheering every run. One boundary would do it. Steven Harmison went back to his run up and bowled Kasprowicz a short ball. The batsman tried to duck and get out of the way, but he hadn't dropped his arms. The ball clipped his glove and flew to the England wicketkeeper Geraint Jones, who dived to his left and desperately hung on to the catch. Billy Bowden the umpire raised his finger to signal the wicket and England won the Test match to level the series at 1-1.

The Australian batsmen sunk to their knees. They had battled and almost saved the game for their country. Whilst the rest of the team were wildly celebrating, Andrew Flintoff took the time to console a distraught Brett Lee. That moment is widely considered one of the most iconic pictures in the history of cricket. Both teams had demonstrated the 'Spirit of Cricket'; playing the game competitively but fairly, showing respect for their opponents and umpires, self-discipline when things go against you and congratulating the opposition at the end of the match, whatever the result.

Watch the video yourself here following this link - [Brett Lee and Andrew Flintoff relive Edgbaston Test Match.](#)

Can you think of a sporting situation where you have or could show the spirit of cricket?

SPOT THE DIFFERENCE

Can you spot the 5 differences on these pictures of our friends at Sussex Sharks? Backgrounds don't count!



CLAP CATCH CHALLENGE



Using a tennis ball the challenge is to throw the ball up in the air and clap your hands as many times as you can before you catch the ball. Record your best score below

Catching tips:

1. Keep your eye on the ball at all times.
2. When taking a catch, have your palms and little fingers touching and spread your fingers to create the largest cup possible.
3. Keep your hands relaxed as the ball is more likely to bounce off stiff hands. Bring the ball into your body.

Challenge a friend or family member. Can you beat Guernsey Participation Coach Lee Forshaw's top score of 11?

CRAZY COMMENTATOR



Starter

- Watch the video of the final ball of the 2019 Cricket World Cup Final. [World Cup Final Link](#)
- Look closely at the players and write down any actions you can see.
- Watch the video again and write down what you can see, hear and feel.

Main Activity

- Imagine you are on the radio, commentating on the final ball
- Write a short script or paragraph and record yourself commentating over the clip from the Cricket World Cup Final.

Top Tips

- Tell the audience exactly what is happening
- Convey the emotion and feeling of the moment
- Relax and be yourself



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COOL CATCHER



Equipment

- Tennis ball (or if you don't have one, try a balled up pair of socks as a ball or something else. Be creative)

Head, shoulders, knees catch challenge

- Throw the ball in the air
- Touch your head, shoulders and knees then take the catch.
- Start with just your head and catch, then head shoulders and catch.

Top Tips

- Watch the ball all the way into your hands
- Keep a big surface area to catch with (think about your hands being like an open book)
- Relax your thumbs

SPACE RACE STRIKING



Equipment

- A bat (or if you don't have one, try a broom or a frying pan. Be creative)
- Tennis ball.
- Cones to make the planets, or any household objects (shoes or plastic bottles).

Space Race Challenge

- Mark out the planets by placing a set of cones on the floor.
- Visit as many planets as you can by dribbling the ball on the floor using the bat. (You can visit the planets in any order).
- See how many planets you can visit in one minute.

Advanced Activity

- Bounce the ball on your bat as you visit the planets.

Top Tips

- Watch the ball really closely.
- Watch where you are going.

BRILLIANT BOWLING



Equipment

- Tennis ball.
- Wheelie bin (or something similar)
- Tape/Marker pen

Hit the Target challenge

- Mark out a set of wickets using a wheelie bin and some tape (be creative if you dont have those objects)
- Bowl the ball and try and hit the target.
- Scoring = 1 point for hitting the bin, 3 points for hitting the wickets.

Top Tips

- create a star shape with you body ready to bowl.
- Keep your bowling arm straight all the way through the delivery.

PENCIL CRICKET

Stuck indoors and can't wait for cricket season to start up again? Why not try pencil cricket!

You will need

- Two hexagonal pencils
- Fine felt-tipped pen
- Paper

Constructing the pencils

1. Test to see if you can write on the pencils with your pen. If you can't or it's hard to read, use a metal ruler or a closed pair of scissors to scrape the paint off the pencil.
2. The first pencil is for runs. On one side of the pencil draw a dot. On the remaining five sides write one of the following: 1,2,4,6, Howzat!
3. The second pencil is for appeals. On each side of the pencil, write one of the following: bowled, caught, LBW, run out, dropped, no ball.

Running a match

4. First, you'll need two teams. Name each team and write the names of 11 players for each team.
5. Choose which team will bat first.
6. The first two players from that team now go out to bat. Choose one of them to face the first ball, and then roll the 'runs' pencil.
7. If you get 1, 2, 4 or 6, add that to the batsman's score.
8. If you get a dot, no runs are added.
9. If you get 'Howzat!', your batsman might be out. Roll the second pencil, and if they get bowled, caught, LBW or run out, they are out. If they are dropped, they are not out and they score no runs. If you roll a no ball, they are not out, and they get one run.
10. When a batsman gets out, bring the next one to the crease.
11. Keep rolling and scoring until the team has lost 10 wickets, and then swap sides. The other team now gets to bat, following the same rules.
12. The team with the most runs at the end wins!



CRICKET TOP TRUMPS

Cricket is played throughout the world. Use your computer skills to find out about some of the main cricket playing nations and complete the top trumps below. You can add the country's flag or team badge to the top of each card. Once complete you can play against a friend.



ENGLAND

Population: 67,886,011

Largest ground capacity: 30,000

World Cups Won: 1

World Cups Runner Up: 2



AUSTRALIA

Population: 25,499,884

Largest ground capacity: 100,024

World Cups Won: 5

World Cups Runner Up: 2



SOUTH AFRICA

Population: 59,308,690

Largest ground capacity: 28,000

World Cups Won: 0

World Cups Runner Up: 0



NEW ZEALAND

Population: 4,822,233

Largest ground capacity: 42,000

World Cups Won: 0

World Cups Runner Up: 2



INDIA

Population: 1,380,004,385

Largest ground capacity: 110,000

World Cups Won: 2

World Cups Runner Up: 1



PAKISTAN

Population: 220,892,340

Largest ground capacity: 34,000

World Cups Won: 1

World Cups Runner Up: 1

CRICKET TOP TRUMPS



SRI LANKA

Population: 21,413,249

Largest ground capacity: 35,002

World Cups Won: 1

World Cups Runner Up: 2



WEST INDIES

Population: 43,653,469

Largest ground capacity: 28,000

World Cups Won: 2

World Cups Runner Up: 1



BANGLADESH

Population: 164,689,383

Largest ground capacity: 25,416

World Cups Won: 0

World Cups Runner Up: 0



AFGHANISTAN

Population: 38,928,346

Largest ground capacity: 14,000

World Cups Won: 0

World Cups Runner Up: 0



IRELAND

Population: 4,937,786

Largest ground capacity: 11,500

World Cups Won: 0

World Cups Runner Up: 0



ZIMBABWE

Population: 14,862,924

Largest ground capacity: 10,000

World Cups Won: 0

World Cups Runner Up: 0

SUDOKUS

Scorers use a range of symbols to record what happens in matches. Fill in the grids so that each column, row, and box contains each of the following scoring symbols:

- W : Wicket!
- O : No ball has been bowled
- + : Wide has been bowled
- ▲ : Bye (a run scored when the ball has not hit the bat or batter’s body)

GRID 1

W	+	O	▲
O	▲	+	W
▲	O	W	+
+	W	▲	O

GRID 2

▲	+	O	W
W	O	+	▲
O	▲	W	+
+	W	▲	O

GRID 3

W	+	▲	O
▲	O	+	W
+	W	O	▲
O	▲	W	+

GRID 4

▲	O	+	W
+	W	▲	O
W	▲	O	+
O	+	W	▲

GEOGRAPHY

Can you find the 18 First Class County teams on the map?



(Put the county number in the correct space above)

- | | | |
|--------------------|----------------------|--------------------|
| 1. Derbyshire | 7. Kent | 13. Somerset |
| 2. Durham | 8. Lancashire | 14. Surrey |
| 3. Essex | 9. Leicestershire | 15. Sussex |
| 4. Gloucestershire | 10. Northamptonshire | 16. Warwickshire |
| 5. Glamorgan | 11. Nottinghamshire | 17. Worcestershire |
| 6. Hampshire | 12. Middlesex | 18. Yorkshire |

COUNTY CRICKET

Can you guess the county badges?



1.



Cricket

2.



3.



4.



5.



CRICKET

6.



7.



8.



9.



10.



11.



12.



13.



14.



15.



16.



17.



18.

1. GLOUCESTERSHIRE

2. LANCASHIRE

3. KENT

4. GLAMORGAN

5. WARWICKSHIRE

6. MIDDLESEX

7. YORKSHIRE

8. ESSEX

9. HAMPSHIRE

10. SURREY

11. DURHAM

12. DERBYSHIRE

13. NORTHAMPTONSHIRE

14. SUSSEX

15. WORCESTERSHIRE

16. GLAMORGAN

17. LEICESTERSHIRE

18. NOTTINGHAMSHIRE

CROSSWORD

B	O	W	L	E	R			D	U	C	K		G		
		I									G	L	O	V	E
B		D									V		L		N
O	V	E	R	T	H	R	O	W	S				D		G
U													E		L
N	I	G	H	T	W	A	T	C	H	M	A	N			A
D				E				O		A		D			N
A	P	P	E	A	L			V		N		U			D
R								E		K		C			
Y	O	R	K	E	R			R		A		K			S
		U			A			S		D					C
		N			I										O
D	R	O	P			N	O	N	S	T	R	I	K	E	R
		U							O						E
	S	T	A	R	S				I	N	S	U	L	A	R

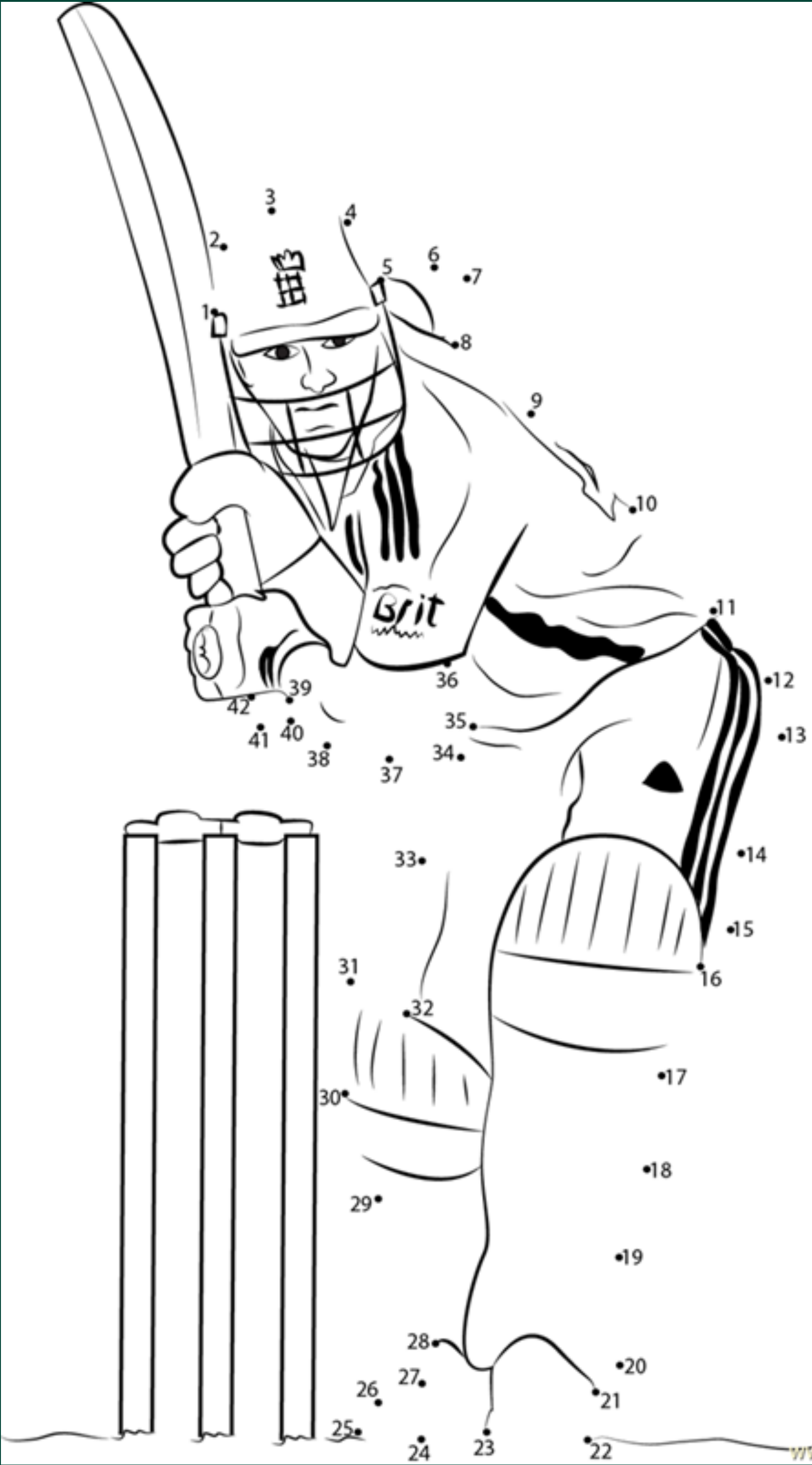
Across

- 1. The person who is delivering the ball to the batter (6) - **BOWLER**
- 3. Dismissed for a score of zero (4) - **DUCK**
- 6. Part of a batter’s protection that touches the bat (5) - **GLOVE**
- 9. Scoring of extra runs due to errant throw from a fielder (10) - **OVERTHROWS**
- 10. Batter sent in at the end of the day to protect more valuable batsmen (13) - **NIGHTWATCHMAN**
- 14. A shout of ‘howzat’ towards the umpire is one way to do it (6) - **APPEAL**
- 15. A delivery aimed to pitch under batsman’s bat or on their toes (6) - **YORKER**
- 19. When a player does not hold onto a catch (4) - **DROP**
- 20. A batsman standing at the bowling end (10) - **NONSTRIKER**
- 22. Guernsey course providing an introduction to cricket, Future **STARS** (5)
- 23. Hotly contested match between Guernsey and Jersey, inter **INSULAR** (7)

Down

- 2. This delivery has to be bowled again (4) - **WIDE**
- 4. The home of Guernsey Cricket (3) - **KGV**
- 5. Dismissed for nought from the first ball faced in a batsman’s innings (10) - **GOLDENDUCK**
- 7. Country who won the 2019 Cricket World Cup (7) - **ENGLAND**
- 8. Another name for the edge of the pitch (8) - **BOUNDARY**
- 11. Afternoon break for refreshments (3) - **TEA**
- 12. Guernsey Cricket’s own podcast, Under the **COVERS** (6)
- 13. Running out of the non-striker who leaves crease before the ball is bowled (6) - **MANKAD**
- 16. When the batsman is too slow to complete the run (3,3) - **RUN OUT**
- 17. Nobody wants this weather to arrive! (4) - **RAIN**
- 18. The person who writes down what is happening (6) - **SCORER**
- 21. Scored a century (3) - **TON**

DOT TO DOT



COLOURING IN

Add some colour to Sussex Sharks and England bowler Ollie Robinson



COLOURING IN

Add some colour to this picture of Sussex Sharks and Bermuda batsman Delray Rawlins



DRAWING

Fast bowler Matt Stokes in action for Guernsey against Jersey. Can you copy and colour the picture below in the box provided?



FOOD - FRUIT SKEWERS

Fruit is a great way to ensure we receive the essential vitamins we need to play sport effectively. Try making these delicious skewers with fruit representing the colours of the international cricketing sides.

Take a wooden skewer and carefully thread on the fruit. Arrange in a rainbow shape to reflect our diverse cricketing family.

Strawberries: England

Mango: Australia

Pineapple: Sri Lanka

Kiwi: South Africa

Green grapes: Pakistan

Red grapes: West Indies

Blueberries: India

Blackberries: New Zealand



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GET INVOLVED

Ravenscroft Future Stars Cricket

Ravenscroft Future Stars Cricket provides a fantastic first experience for all children aged 5-11 years old where they're guaranteed 6 weeks of jam-packed fun, activity and skills development. The programme is designed to introduce children to the sport, teaching them new skills, helping them make new friends and have a great time doing so. More information a <https://www.guernseycricket.com/ravenscroft-future-stars>



Junior Club Cricket

Guernsey currently have three junior teams, Cobo, Griffins and Wanderers Irregulars. Theses clubs give all junior cricketers the opportunity to play competitive cricket both indoors and outdoors. All clubs offer a full junior programme including training. For further information on club cricket and if your son or daughter would like to get involved please visit <https://www.guernseycricket.com/junior-clubs>



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