



GUERNSEY CRICKET



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INTRODUCTION

This document sets out the aims, aspirations and methods of Guernsey Cricket and how these will be achieved.

This will ensure that there is a clear and defined pathway and philosophy within Guernsey Cricket, from bottom to top.

The practices and guidelines shown are considered best practice and will be shaped over time in accordance with the outcomes and feedback received in the delivery of the Programme.

A COMPLETE PLAYER, COACHING AND RETENTION PATHWAY

A player pathway has existed in Guernsey Cricket for many years, providing a range of opportunities to young players from the Island. Over recent years playing chances have been created both domestically and internationally for Guernsey's young cricketers and expectations have risen as a result.

Through the ICC and Sussex Cricket, Guernsey Cricket has forged sustainable relationships that now provide young players with a myriad of opportunities. Guernsey Cricket looks to provide every player the ability to reach the highest standard they are capable of, no matter their financial circumstances or background.





VISION

To deliver access to our great game that meets the ability of and aspirations of everyone.

MISSION

To ensure that Guernsey Cricket provides a clear, defined and targeted pathway enabling everyone to have the opportunity to achieve their potential within the game.

AIM

To ensure that Cricket, is the number one focus sport, within the Bailiwick by 2020.

LEARNING TO PLAY

LITTLE CHAMPS CRICKET

Guernsey Cricket have teamed up with Little Champs to deliver cricket related sessions. These sessions include several fundamental movement skills such as running, throwing, catching and striking. These sessions are led by community coach Dec Martel.

RAVENSCROFT FUTURE STARS

Ravenscroft Future Stars was launched in 2018 by the Guernsey Cricket Board replicating the ECB 'All-Stars' programme. The course is aimed at children aged five to ten and promotes their development through fun activities giving them an introduction to cricket fundamentals whilst having a great first experience of the game.

In 2020, 133 children attended the 6 week summer courses taking our numbers up by 42% from the previous year.





JUNIOR CLUBS PROGRAMME

2019 was a big year for Club cricket. The GCB handed over Club cricket to the Clubs themselves to run. Cobo, Griffins and Wanderers have a clear pathway for the players to start softball cricket and progress right the way through to the Club's first team. Competitive match activities are aligned with having fun in an inclusive environment with game structures designed to ensure everyone has an opportunity with bat and ball. Throughout the junior programme schedules will be tailored to provide the appropriate **REFINEMENT** challenge to both players and coaches to develop them to reach the best of their ability.



BOYS & MENS COACHING PROGRAMMES

U11, U13, U15 & U19

Within these age groups selected players will be provided with specific training programmes within squad sessions, **LEARNING TO WIN**. Players will have three training blocks over the winter and two training blocks in the summer. Players will experience inter-island rivalry and all that competition brings when representing Guernsey Cricket against Jersey Cricket Board. The under 13 and under 15 age groups have the opportunity to travel off island on tours. At all times the players will be coached within the agreed guidelines and KPIs of Guernsey Cricket in order to achieve the vision and mission of Guernsey Cricket. Development Team players are also encouraged to assist the running of junior league clubs and where appropriate work towards coaching qualifications.



PLAYING TO WIN

GUERNSEY NATIONAL MEN'S TEAM



The intention is to have the National squad training consistently throughout the year with periodic breaks post season and around Christmas to recharge and refresh. The winter periods are vital to repair any medical issues and to set a base of technical and physical work so that during the season the focus is on trusting and using the techniques to execute during the tactical situations a player will find himself in during competition. The winter sessions will be progressive so that a player will be as close to game speed as possible once the season starts, with the advantage of indoor access and the accessories available.



The National Team now have T20 International status so therefore have the opportunity to compare their own international stats against the likes of De Villiers, Kohli, Smith and Roy to name a few. The opportunities that could arise from this could be competitions such as the Canadian Premier League and other smaller franchise cricket in the world.



The 2020 season proved to be a challenging year with all ICC tournaments being postponed due to the global pandemic. The national team still managed to play a 3 game series against the Isle of Man with the first game being a T20 International. The Sarnians came out on top with a 3-0 victory in the series.

Guernsey currently sit 36 in the World rankings.

GIRLS AND WOMEN'S COACHING PROGRAMMES

Both programmes run throughout the winter and are open to all. The sessions are aimed at providing the girls and women with the best possible coaching and facilities.

GIRLS TRAINING

The girl's training runs yearly and is the best way for girls to get involved in cricket. These sessions aim to deliver a fun introduction to cricket, equip the girls with the skills to play competitively and provide a pathway to the Guernsey Women's Team. This year a number of girls have played in the Junior Clubs programme and gone on to represent Guernsey against the Isle of Man. As there are a high number of coaches that attend these sessions they can comfortably cater for all abilities. The girls sessions are free of charge and are led by Lee Forshaw, Guernsey Participation Officer.

GUERNSEY WOMEN'S TEAM

The Guernsey Women's Team train indoors from November through until April then move outdoors from May through until August. Inter-Insulars are arranged against Jersey, tours away are planned and teams are actively encouraged to come to Guernsey. Women's cricket is a key focus for Guernsey cricket and is an excellent opportunity to play International sport.



Winter Coaching

Due to the global pandemic we are unable to use the ISC as a facility this winter we are therefore training out of **ELIZABETH COLLEGE SPORTS HALL**. The winter program follows the same 3 key rules as last winter.

AVAILABILITY - Turn up on time

ATTITUDE - Wear the correct kit

ABILITY - Engage fully with each session

The winter plan will work as a traffic light system. When areas are marked in **red** this means we would love to see you at our sessions however we fully appreciate you play other sports. If areas are marked in **amber**, we would ideally like you at these sessions however we again understand that you might still be playing other sports. If a session is marked as **green** it means that we really need you to attend as they are crucial for the setup of the season and your development. Please note in order to be in contention for early season tours (under 13's) we would need to see you at the last cycle of indoor training as we have to select sides to input flight names at this stage.

There will now be the opportunity to book additional training sessions (30 mins) with qualified coaches. These can either be one-on-one or two-on-one and can be booked directly through Ben Ferbrache and will cost £15 a session, subject to availability of facilities.

The winter programme will be broken down into 3 cycles to mirror the school terms. They are as follows:

Cycle 1 - 9th November – 13th December 2020 (£50)

Cycle 2 - 4th January – 7th February 2021 (£50)

Cycle 3 - 15th February – 28th March 2021 (£60)

Please note there is an additional charge to the above training for tours. These will be set at a cost of £400 per tour. At present we are unsure of off island travel plans in 2021 but will provide updates in due course.

Please sign up online for any of the courses at www.guernseycricket.com.

COACHING CONTACTS:

Chief Executive - Mark Latter – 07911 722145
Development Manager - Ben Ferbrache – 07781 405209
Participation Officer - Lee Forshaw - 07911 732178
Performance Coach - Olly Tapp - 07911 722146
Guernsey Cricket Office - 01481 257332

SUMMER TOURS (ALL TBC)

Sussex Under 13's (boys & girls): 29th – 31st May. TBC
Bromsgrove Under 13's: TBC
Bromsgrove Under 15's: TBC

Day	Age Group	Time
Monday	N/A	N/A
Tuesday	Under 17's & 19's	1615 – 1745
Wednesday	Girls 1 on 1 Space	1615 – 1730 1730 – 1930
Thursday	Under 13's	1615 – 1745
Friday	Under 11's Under 15's	1615 – 1745 1745 – 1915
Saturday	N/A	N/A
Sunday	Senior Men Senior Women	1400 – 1600 1600 – 1730

Winter Training Plan at **ELIZABETH COLLEGE**

Cycle 1 - Week commencing 9th November – 13th December 2020 - £50

Week 1 – Fielding including diving stops & running between the wickets

Week 2 – Batting against fast bowling & bowling fast

Week 3 – Batting against spin & bowling spin.

Week 4 – Fielding including diving stops (bring tracksuit bottoms)

Week 5 – Attacking shots with a stable base

Cycle 2 – Week commencing 4th January – 7th February 2021 - £50

Week 1 – Fielding – catching, throwing and diving

Week 2 – Pull Shot Practice & bowling to a plan

Week 3 – Batting against swinging ball & swinging a ball as a bowler

Week 4 – Batting against Spin, using a sweep and bowling with a set field.

Week 5 – Bowling Target Practice

Cycle 3 – Week commencing 15th February – 28th March 2021 - £60

Week 1 – Fielding – catching, throwing and diving

Week 2 – Judging length & hitting areas as a bowler

Week 2 – T20 power hitting

Week 4 – Pull & Cut shot

Week 5 – Hitting over the top

Week 6 – Net Practice

Summer Training Plan – at the **KGV**

The Summer training plan will be split into two term time cycles.

Cycle 1 - 19th April – 30th May 2021

Cycle 2 - 7th June – 4th July 2021

PATHWAY



LITTLE CHAMPS CRICKET

Partned with Little Champs Guernsey, Guernsey Cricket deliver sessions to children age 2-4 to teach the fundamnetals of cricket - Batting, bowling and fiedling. This acheived using a fun range of activities.



PRIMARY SCHOOL PARTNERSHIP

Guernsey Cricket provide local primary schools with a range of opportunities through curriculum PE, lunchtime & after school clubs and festivals.

The lessons teach cognitive, social and personal skills. developin g fundamental skills through game play.



FUTURE STARS

The course is aimed at children aged 5 to 10 and promotes their development through fun activities giving them an introduction to cricket fundamentals w hilst having a great first experience of the game.

This course also includes a free kit bag containing stumps, bails, bat, ball, water bottle, cap and a tee shirt.



JUNIOR CLUB CRICKET

Guernsey Junior Club cricket has 3 established junior clubs and accept players from 7 years old. These 3 clubs (Cobo, Griffins & Wanderers) also boast a well established adult section.

The junior section is split into 3 sections with an intro to cricket, a second division and a first division. These are primarily based on ability, not age



SECONDARY SCHOOL

Guernsey Cricket provide local secondary schools with a range of opportunities through curriculum PE, lunchtime & after school clubs.

Guernsey Cricket also have a strong link with Elizabeth College and are responsible for the running of the EC First XI team.



REPRESENTATIVE CRICKET

Guernsey representative cricket contains a girls section, Under 11, 13, 15 & 19 age groups. Players will be provided with specific training programmes within squad sessions,

Players will be coached within the agreed guidelines and KPIs of Guernsey Cricket in order to achieve our vision and mission with the aim of progressing to the National team.



CLUB CRICKET

Adult cricket is split into 3 Evening League divsions containing 25 teams across the 3 divisions.

Weekend League cricket is split into 2 divisions, the top division (50 Over) containing 3 teams and the lower division (40 Over) containing 6 teams.



INTERNATIONAL CRICKET

The National team have now gained International T20 status. This is the pinnacle of Guernsey Cricket. The National squad are regularly fitness tested along with regualr training both in a 1 on 1 and group environment. Currently ranked 36 in the World.

In addition to the mens there is a thriving women's section who are also playing International Cricket.



THE GUERNSEY WAY

Guernsey cricket will be built upon honesty, respect and trust.

We will seek to uphold these values remembering who we are and where we are from

We will not compromise our commitment in the pursuit of excellence.

On the field we will never take a backwards step, but always be mindful to respect the game and it's traditions

We are very proud to be ambassadors of Guernsey Cricket



Under the Covers Guernsey Cricket Podcast



Guernsey Cricket's Cricket Development Manager Ben Ferbrache is joined by various guests to discuss all things about Guernsey Cricket to professional cricket. Available on Apple Podcasts and Spotify.

