



GUERNSEY CRICKET



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INTRODUCTION

This document sets out the aims, aspirations and methods of Guernsey Cricket and how these will be achieved.

This will ensure that there is a clearly defined pathway and philosophy within Guernsey Cricket, from bottom to top.

A COMPLETE PLAYER, COACHING AND RETENTION PATHWAY

A player pathway has existed in Guernsey Cricket for many years, providing young players a range of opportunities. Over recent years playing chances have been created both domestically and internationally for Guernsey's young cricketers and expectations have risen as a result.

Through the ICC and county links, Guernsey Cricket has forged sustainable relationships that now provide young players with a myriad of opportunities. Guernsey Cricket looks to provide every player the opportunity to reach the highest standard they are capable of, no matter their financial circumstances or background.





VISION

To deliver access to our great game that meets the ability of, and aspirations of, everyone.

MISSION

To ensure that Guernsey Cricket provides a clear, defined and targeted pathway enabling everyone to have the opportunity to achieve their potential within the game.

PURPOSE

To provide an enduring and valuable cricketing experience to all the people in the Bailiwick of Guernsey.

LEARNING TO PLAY

LITTLE CHAMPS CRICKET

Guernsey Cricket have teamed up with Little Champs to deliver cricket related sessions. These sessions include several fundamental movement skills such as running, throwing, catching and striking. The programme is led by community coach Dec Martel.

RAVENSCROFT FUTURE STARS

Ravenscroft Future Stars was launched in 2018 by the Guernsey Cricket Board replicating the ECB 'All-Stars' programme. The course is aimed at children aged five to ten and promotes their development through fun activities giving them an introduction to cricket fundamentals whilst having a great first experience of the game.

In 2022, 129 children attended the 6 week summer courses, the course has grown in popularity year on year with children moving into club cricket after Future Stars.





JUNIOR CLUBS PROGRAMME

The junior club programme has gone from strength to strength since being handed over by Guernsey Cricket in 2019. Cobo, Griffins and Wanderers Irregulars have a clear pathway for the players to start softball cricket and progress right the way through to the Club's first team.

Competitive match activities are aligned with having fun in an inclusive environment with game structures designed to ensure everyone has an opportunity with bat and ball.

The junior programme is constantly being **REFINED** to provide appropriate challenges to both players and coaches to enable them to reach the best of their ability.

BOYS & MENS COACHING PROGRAMMES

U11, U13, U15 & U19

Within these age groups players will be provided with specific training programmes within squad sessions where there will be a focus on **LEARNING TO WIN**. Players will have three training blocks over the winter and two training blocks in the summer. Players will experience inter-island rivalry and all that competition brings when representing Guernsey against Jersey. The under 13 and under 15 age groups have the opportunity to travel off island on tours. At all times the players will be coached within the agreed guidelines and KPIs of Guernsey Cricket in order to achieve the vision and mission of Guernsey Cricket. Development Team players are also encouraged to assist the running of junior league clubs and where appropriate work towards coaching qualifications.



PLAYING TO WIN

GUERNSEY NATIONAL MEN'S TEAM

The intention is to have the National squad training consistently throughout the year with periodic breaks post season and around Christmas to recharge and refresh. The winter periods are vital to repair any medical issues and to set a base of technical and physical work. The tempo of winter sessions will be progressive so that a player will be as close to game speed as possible once the season starts and is able to execute the techniques practiced.

The National Team now have T20 International status so therefore have the opportunity to compare their own international stats against the likes of De Villiers, Kohli, Smith and Roy to name a few. Opportunities exist to participate in franchise competitions throughout the world such as the Canadian Premier League.

The 2022 season was a busy one for the senior men's side. The team started with a triangular series in Desert Springs in March. The team finished runner up in the tournament. Despite just a single loss Guernsey narrowly failed to qualify from the ICC European Division 2 Regional T20 Tournament. The men also fell to a 3-0 series loss to Jersey in the T20I Inter Insular Series and a narrow 2 wicket loss to Jersey in the 50 over fixture.

Guernsey currently sit 38th in the World rankings.



GIRLS AND WOMEN'S COACHING PROGRAMMES

Guernsey Cricket recently employed Hannah Eulenkamp as the Women & Girls Development Officer. Hannah is responsible for all aspects of the junior girls' programme.

GIRLS TRAINING

The girl's training runs yearly and is the best way for girls to get involved in cricket. These sessions aim to deliver a fun introduction to cricket, equip the girls with the skills to play competitively and provide a pathway to the Guernsey Women's Team. Over the past couple of years several of girls have played in the Junior Clubs programme and gone on to represent Guernsey.



GUERNSEY WOMEN'S TEAM

The Guernsey Women's Team train indoors from November through till April then move outdoors from May through until August. Inter-Insulars are arranged against Jersey, tours away are planned and teams are actively encouraged to come to Guernsey. The Women's side are striving to achieve an ICC ranking and took their first step this season by playing Jersey in a T20I series. They fell to a 3-0 loss however we now know what skills we need to compete on the International stage. Women's cricket is a key focus for Guernsey cricket and is an excellent opportunity to play international sport. The ladies team are led by Lee Forshaw with Ben Ferbrache assisting him.



Winter Coaching.

As per last winter we will be training at the **ELIZABETH COLLEGE SPORTS HALL**. The winter program follows the same 3 key rules as previous winters.

AVAILABILITY - Turn up on time

ATTITUDE - Wear the correct kit

ABILITY - Engage fully with each session

The winter plan will work as a traffic light system. When areas are marked in **red** this means we would love to see you at our sessions however we fully appreciate you play other sports. If areas are marked in **amber**, we would ideally like you at these sessions however we again understand that you might still be playing other sports. If a session is marked as **green** it means that we really need you to attend as they are crucial for the setup of the season and your development. Please note in order to be in contention for early season tours (under 13's) we would need to see you at the last cycle of indoor training as we have to select sides to input flight names at this stage.

When we move outdoors in the summer there is the opportunity to book additional training sessions (40 mins) with all of our qualified coaches. These can either be one-on-one or two-on-one and can be booked directly through Ben Ferbrache.

The winter programme will be broken down into 3 cycles to mirror the school terms. They are as follows:

Cycle 1 (Pre Christmas) - 7th November – 9th December 2022 (£55)

Cycle 2 (New Year) - 9th January – 17th February 2023 (£65)

Cycle 3 (Pre Season) - 27th February – 31st March 2023 (£55)

Please note there is an additional charge to the above training for tours. These will be set at a cost of approximately £400 per tour this includes all flights, accommodation, activities and meals.

Players are encouraged to bring pocket money should they require any additional drinks and snacks. 2022 saw the return of tours including a very successful trip to Liverpool with the Under 13's & 15's. We will be looking to repeat this tour again this season.

Please sign up online for any of the courses at www.guernseycricket.com.

COACHING CONTACTS

Chief Executive - Mark Latter – 07911 722145

Development Manager - Ben Ferbrache – 07781 405209

Development Officer - Lee Forshaw - 07911 732178

Community Coach - Dec Martel - 07781 459297

Women & Girls Development Officer - Hannah Eulenkamp - 07781 425783

Safeguarding Officers - Nicky Forshaw & Stuart Bisson - 01481 257332

Guernsey Cricket Office - 01481 257332

DAY	AGE GROUP	TIME
Monday	N/A	N/A
Tuesday	Under 17's	1615-1745
Wednesday	N/A	N/A
Thursday	Under 15's	1615-1745
Friday	Girls	1600-1730
	Under 11's	1730-1900
	Under 13's	1900-2030
Saturday	N/A	N/A
Sunday	Under 19's	1400-1530
	Senior Ladies	1530-1700

Please note Cricket Development Manager, Ben Ferbrache is off island this winter to further his coaching development in Australia. Should you wish to contact Ben please do so by email (ben@guernseycricket.com).

Ben will continue to deal with Guernsey Cricket admin so will be in contact regarding winter training, payments and summer plans.

Winter Training Plan at **ELIZABETH COLLEGE SPORTS HALL**

Cycle 1 - Week commencing 7th November – 9th December 2022 - £55

Week 1 – Testing - Batting, Bowling, Fielding

Week 2 – Bowling & Fielding

Week 3 – Bowling & Fielding

Week 4 – Batting

Week 5 – Batting

Cycle 2 – Week commencing 9th January – 17th February 2023 - £60

Week 1 – Testing - Batting, Bowling, Fielding

Week 2 – Power Hitting & Pace Bowling

Week 3 – Spin Bowling & Middle Overs Batting

Week 4 – Front Foot Shots

Week 5 – Strength and Conditioning

Week 6 – Indoor Cricket

Cycle 3 – Week commencing 27th February – 31st March 2023 - £55

Week 1 – Fielding

Week 2 – New Ball Bowling & Batting

Week 2 – Spin Bowling & Batting

Week 4 – Testing - Batting, Bowling, Fielding

Week 5 – Bat Vs. Ball

Summer Training Plan – at the **KGV**

Tours

Tours are set at £400 (approximately) which will include all flights, accommodation and meals. Players can bring pocket money should they require any additional drinks and snacks.

Under 13 - Liverpool - 21st - 24th August

Under 15 - Liverpool - 21st - 24th August

Under 17 - Liverpool - 21st - 24th August

Under 19 - Hampshire - 27th - 29th May (TBC)

Under 19 - ICC European Division 1 Qualifier - 4th - 11th August (Venue TBC)

PATHWAY





THE GUERNSEY WAY

Guernsey cricket will be built upon honesty, respect and trust.

We will seek to uphold these values remembering who we are and
where we are from

We will not compromise our commitment in the pursuit of excellence.

On the field we will never take a backwards step, but always be
mindful to respect the game and its traditions

We are very proud to be ambassadors of Guernsey Cricket



Under the Covers Guernsey Cricket Podcast



Guernsey Cricket's Cricket Development Manager Ben Ferbrache is joined by various guests to discuss all things about Guernsey Cricket to professional cricket. Available on Apple Podcasts and Spotify.

